

# On- final

Vol 14 No 8

507th ARG

Aug 1994

Tinker AFB, OK

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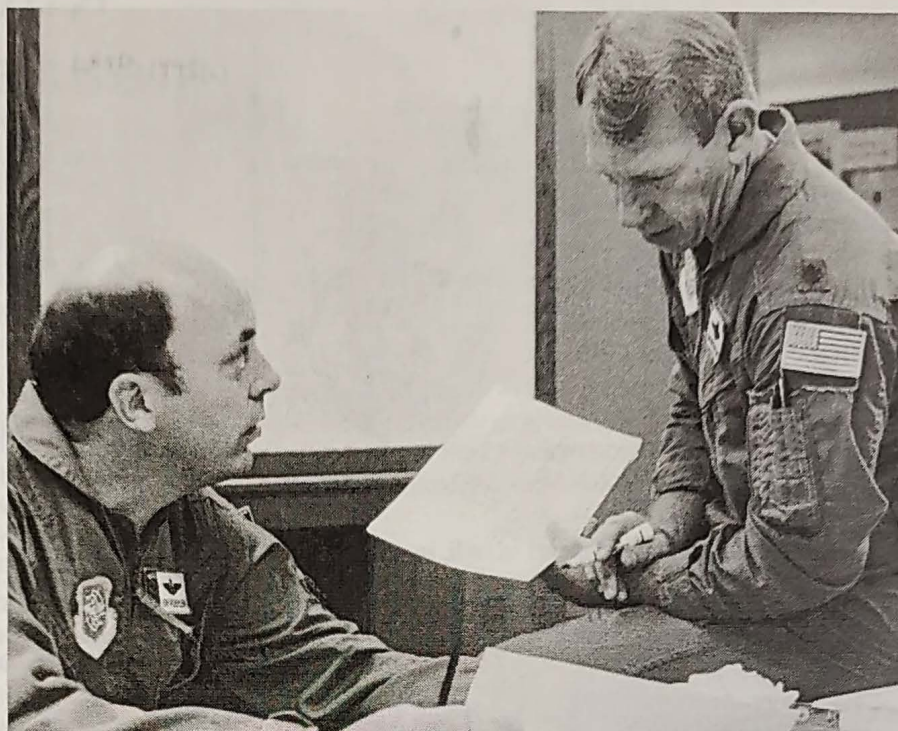
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Capt. Van Poehlein (l), navigator, and Lt. Col. David Ortman, pilot, discuss mission planning prior to July's relief mission. (Photo by Capt. Rich Curry)

## 507th members airlifts supplies to flood victims in Georgia

*by Capt. Rich Curry*

Four months after their April conversion to the KC-135R Stratotanker, the 507th Air Refueling Group, in conjunction with FEED THE CHILDREN, airlifted relief supplies to Georgia flood victims.

Approximately 1,000 pounds of relief supplies, destined to assist 150 families upheaved by recent flooding, were airlifted from Tinker AFB on July 22. The relief mission was part of a scheduled flight to accept another air refueling aircraft for the unit. According to 507th pilot, Capt. Jeff Frient, "We were picking up our eighth tanker there. In addition to our air refueling mission, we also train to airlift equipment and supplies worldwide. This was a great opportunity to get valuable training and help out some really needy people at the same time."

According to a spokesman for FEED THE CHILDREN, the relief supplies were scheduled to be delivered to the Macon, Georgia Food Bank. FEED THE CHILDREN is an international, nonprofit organization providing food, clothing, medical equipment and other necessities to people who lack these essentials because of famine, drought, flood, war or other calamities. Since its inception in 1979, FEED THE CHILDREN has provided relief assistance to people in need in 50 states, the District of Columbia, plus 68 nations.



## "Closner sends"

By Maj. Gen. John Closner  
Air Force Reserve Commander

As part of a plan to streamline and strengthen the command structure of the Air Force, the Air Force Reserve continues its restructuring efforts.

Our blueprint for the future includes designating nearly all Reserve flying groups as wings which will report directly to our numbered air forces.

Geographically separated units -- primarily aerial port, civil engineer and medical units -- will report to a regional support group at each NAF headquarters.

We'll see some other improvements as well, including the establishment of two new Reserve support squadrons and a recruiting squadron at Headquarters AFRES.

Manpower changes will be minimal, and we expect new career opportunities for some reservists.

The goals of the streamlining effort remain the same -- flatten the command structure and put operational responsibility at the lowest level. We'll be announcing details early this fall, so stay tuned.



## On-final



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The editorial content is edited, prepared and provided by the Public Affairs Office of the 507th Air Refueling Group, Air Force Reserve, Tinker Air Force Base, Oklahoma. All photographs are Air Force photographs unless otherwise indicated. Copy deadline is noon on UTA Sunday for the next month's edition.

This is your newspaper. Take it with you to share with family, friends and employers. The PA phone number is 734-3078.

## Know what it means to be 'in the Air Force'

by Lt. Col. Brian Fisher  
375th Flying Training Squadron Commander  
Scott AFB

Sometimes it seems as though you can't pick up a newspaper, watch TV, or listen to the radio without being bombarded with news about the resizing of the military.

At times, the momentum all seems to be in the direction of forcing good people out of uniform and into the civilian sector, and it's an obvious fact of military life that competition for promotion and position will only become more intense.

Consequently, it strikes me that now is a particularly difficult time for a junior officer or enlisted member to decide whether their professional future lies in or out of the Air Force.

Over the years, I've seen many people opt to leave the Air Force, and for many different reasons. In my experience, a sizable proportion summed up their feelings with the statement "being in the Air Force just isn't for me."

When I consider what I know about many in this group, it occurred to me that a sizable portion had never really been "in" the Air Force. They had taken the oath and wore the uniform, but their brief careers often lacked a critical quality -- involvement.

In effect, they had marginalized themselves, conceding the field to those more actively involved and more willing to seek out responsibility. In the process, they earned themselves a spot on the sidelines, and not surprisingly, they didn't like the view from where they now sat. Regardless of how they got there, to them, this is what it meant to be "in the Air Force."

I once read that free advice is worth exactly what you paid for it. Nonetheless, I'd suggest that if you really want to find out if the Air Force is the right place for you, then jump in! Don't relegate yourself to the sidelines. Of course, you need to become the best you can in your primary career field, but don't stop there. Work to involve yourself in as many facets of your current profession as you can, both on- and off-duty.

As you seek and receive increased responsibility, you'll have a better sense of your profession's rewards and demands. In any case, you can be confident that as you plot the course of your professional future, you really will know what it means to be "in the Air Force." (AMC News Service, courtesy of the Command Post.)

## From unit idea to reality

By SSgt. Larry Wilson  
72nd APS UPAR

A year ago, somewhere at Tinker AFB, Total Quality Management cascade training was being conducted by Lt. Col. "Bugs" Forsythe. The 72nd APS sent SMSgt. Tony Stewart, MSgt. Dave Hernandez, MSgt. Betty Worley, MSgt. Ben Chavez, TSgt. Robert Wilson and TSgt. Richard McAroy.

During use-phase training, the groups were asked to think of a project that could overcome obstacles to quality. The 72nd group chose "How to do an in-house video" as their project.

Sergeant Wilson said the only way they could properly evaluate the project was by producing the video on a subject they knew something about. According to Stewart, "We went into a brainstorming session to find the best way to illustrate this, with video as a medium." The result was a project titled "Welcome Airman Newcomer."

The real work lay ahead of them. The group contacted the base video shop for guidance on the project and a brochure outlining the procedure was sent to them. First and foremost, a script was needed. Help was asked of MSgt. Bill King, 507th Communications Flight, an instructor at a local vo-tech who teaches video production. He was happy to lend a hand and was experienced at writing scripts.

At last, arrangements were made with base video to do the taping. "V-Day" was scheduled as May 14, 1994, a UTA Saturday. To produce a 15-minute video requires approximately four hours of taping. May 14 was not a beautiful Spring day as hoped for. Lightning struck, rain fell and thunder clapped, but the taping proceeded.

Base video is responsible for editing the tape to produce the final product, which should be ready for review by the 72nd TQM team during the August UTA. Stewart said, "We hope this tape will be good enough to be adopted by the Air Force."



A Quality Training Cascade project takes shape on the ramp outside the 72nd Aerial Port Squadron as members worked to produce a training video. (Photo by SSgt. Larry Wilson)



Despite rain and lighting, videotaping continued throughout the day. (Photo by SSgt. Larry Wilson)

## TQM works for reservist in the civilian sector

by MSgt. Tommy Clapper

"Cascade Training. Total Quality Management." Something everyone in the 507th is doing... and applying in the Reserve world. But how about your civilian job? Can you take the skills learned about TQM in your cascade training and apply them to a civilian job? The answer is a responding "Yes" if you talk with MSgt. Elmer Sheely, superintendent of utilities at the 507th Civil Engineering Squadron.

In his civilian job, Sheely is manager for Field Maintenance Operations for the U.S. Postal Service in the Oklahoma

District. After going through cascade training, Sheely was impressed enough with the process to become a Family Group Leader. This was when he asked himself if there were portions of the process he could apply in his civilian job.

The result was a customer satisfaction index to send to postal customers. "I do this to ensure that our customers are satisfied with the maintenance of post offices," said Sheely. He usually sends out 85-100 surveys at a time with a very high response rate. "I'll keep sending the surveys," said Sheely. "It is a good way to monitor our success."

And successful it was. When Southwest Regional headquarters in Dallas found out about the survey, they were more than encouraging. Sheely was the subject of a flattering article in Southwest Area Update, which praised his work. "It was more than I had ever hoped for," was Sheely's response.

For Sheely, an Army veteran with almost 27 years combined active duty and Reserve service, hopes don't die. He has been eager to promote TQM, not only within the Reserve family, but the civilian world as well. These are tools that work, and not just on Reserve weekends.



## 507th Medical Squadron welcomes new commander

Col. Elias N. Souri, a native of Washington, D.C., is the new commander of the 507th Medical Squadron.

Colonel Souri received his bachelor's degree from the University of Maryland in 1961 and his veterinary degree from the University of Pennsylvania in 1965.

After discharge from active duty in the Air Force in Ankara, Turkey in 1967, Colonel Souri began training in ophthalmology at Johns Hopkins School of Medicine. His work earned him a certificate in ophthalmology in 1972. He completed Air Command and Staff in 1988, and Air War College in 1992. Colonel Souri has been in the Air Force Reserve since 1978 and is in private veterinary practice in Illinois.

Colonel Souri's wife is the former Theresa El-Assiouty, a native Cairo, Egypt. They have two sons.



Col. Elias Souri, 507th Medical Squadron's new commander, right, poses with the former commander Col. Clio Harper during last month's change of command ceremony. (Photo by Capt. Rich Curry)

## 403rd CLSS faces reality check

By MSgt. Dan Moore  
403rd CLSS UPAR

As America focuses attention on the increasing tensions in Korea, the 403rd Combat Logistics Support Squadron is heightening its readiness to assume a wartime role in a different, but not so unfamiliar environment.

It's a well-known fact to anyone who reads or watches the daily news that North Korea is a potential hot-spot for war, and there is eminent danger that they are prepared to use chemical and possibly nuclear weapons.

Maj. Ken Settle, 403rd CLSS commander, is taking the North Korean threat very seriously. He directed intensive training to be accomplished during the June and July UTAs, devoting the majority of the period to chemical warfare defense, self aid and buddy care training. The unit bivouaced during those two UTAs at the Glenwood training area in order to enhance the reality of field conditions.

With tremendous assistance from the 507th ARG Airbase Operability Office (specifically, MSgt. Vinney Molzahn), 507th ARG Security Police Flight and 507th ARG Medical Squadron, 403rd personnel received some very realistic classroom and field training during the June UTA to increase their knowledge of survival and aircraft maintenance and

supply operations in a wartime environment.

In July, with the Tinker-based 654th CLSS acting as evaluators, the squadron went back to the field to practice what they learned in June. Aircraft maintenance personnel performed many hours of aircraft battle-damage repair on C-135 and F-4 aircraft—repairing aircraft structures, hydraulic systems, performing save list and removing and replacing jet engines while under "enemy attack." Supply and transportation personnel also were under attack in a field supply warehouse environment.

They supported the maintenance effort by ordering and delivering replacement parts/supplies for aircraft and personnel requirements and by building packaging crates to house aircraft parts for shipment to repair facilities.

The squadron was dispersed to

five different locations on base and at Glenwood to simulate CLSS teams being scattered throughout the Pacific. Command and Control was accomplished at Building 1030 in the Maintenance Operations Center where the battle staff directed operations to support the CLSS troops at Glenwood, the ABDR Pad (east of runway 35), the 654th CLSS operations Building 1128 and the 403rd warehouse in Building 3.



A 403rd CLSS engine team quickly installs one of four engines that were removed and replaced under chemical threat during their July exercise. (Photo by MSgt. Dan Moore)

## August Schedule of Events

Date/Time	Meetings, Etc	Location
<b>Fri, 19 Aug</b> 1400	Pre-UTA 1st Sgt Meeting	Bldg 1043, Conf Rm
<b>Sat, 20 Aug</b> As designated by unit 0730-0745 0730-0930	Sign-in Sign-in for Physical Exams Newcomers In-processing	As designated by unit Base Hospital Bldg 1043, Basement Classroom
0900-1000 0900-1015	3A0X1 Training Newcomers Orientation	Bldg 1043, Conf Rm Bldg 1043, Basement Classroom
1000 1015	Mobility Rep Meeting Escorts Pick up Newcomers	Bldg 1043, Conf Rm Bldg 1043, Basement Classroom
1030 1300	First Sergeants Meeting Sexual Harassment Sensitivity Awareness Training	Dining Hall, Sun Rm Bldg 201E
1300-1400	IG Complaint Period w/LTC Despinoy	Bldg 1043, Basement OG/CC Office
1300-1400 1300-1400 1400-1500	Ancillary Training Meeting Immunizations EST Manager Meeting	Bldg 1043, Conf Rm Bldg 1030, Break Rm Bldg 1043, Conf Rm
As designated by unit	Sign-out	As designated by unit
<b>Sun, 21 Aug</b> As designated by unit 0800-0900 0900-0900- 1000-1100 1300 1300	Sign-in Enlisted Advisory Council Meeting Top 3 NCO Meeting Additional Duty Safety Rep Unit Career Advisor meeting CDC Course Exam Testing Sexual Harassment Sensitivity Awareness Class	As designated by unit Bldg 1043, Conf Rm Bldg Prime Beef Bldg 1030, Comm Flt Tng Bldg 1043, Conf Rm Bldg 460, Rm 213 Bldg 201E
1400-1500 1500-1630 As designated by unit	3A0X1 Training MPF Closed for In-House Trng Sign-out	Bldg 1043, Conf Rm Bldg 1043, MPF As designated by unit

### Memorandum for the Record...

Subject: Social Actions Update

All classes for the 17th of September (SAT) will be cancelled, including drug testing.

Subject: Officers Call

Congressman Ernest Istook will be speaking at the Tinker AFB Officer's Club, 20 Aug 94 from 1600 to 1700. This is a mandatory formation for all 507th ARG Officers.

# Training Planner

## August-September '94

<b>August 94</b>	
1	403d Hickam, Hawaii Command & Control
5-7	CS Cannon AFB
19-21	WICP 3-day UTAs
20	Officer's Call
20-21	Primary UTA Blood Drive
<b>September 94</b>	
17	507th Family Day
17-18	Primary UTA 403d Dining-Out Gen Whaley Guest Spk
<b>October 94</b>	
14-16	WICP 3-day UTAs
15-16	Primary UTA Mobility Exercise - SPT GRP and Medical Top 3 Meeting
16	
<b>November 94</b>	
5-6	Primary UTA

### BAQ Recertification Deadlines

If your Social Security Number ends with a **1 or 6**, you have until the **end of the month of August** to recertify your BAQ or have it terminated. The reserve payroll office will forward a listing to Unit BAQ Monitors prior to the Feb UTA. BAQ Monitors are to return the listing complete with all BAQ recertifications to the Reserve Payroll office. Please complete AF Form 987 located at your unit.

**NOTE:** If you don't have dependents you do not need to recertify your BAQ.



## September Schedule of Events

Date/Time	Meetings, Etc	Location
<b>Fri, 16 Sep</b> 1400	Pre-UTA 1st Sgt Meeting	Bldg 1043, Conf Rm
<b>Sat, 17 Sep</b> As designated by unit 0730-0745 0730-0930	Sign-In Sign-in for Physical Exams Newcomers In-processing	As designated by unit Base Hospital Bldg 1043, Basement Classroom
0800-0900 0900-1000 0900-1015	Enlisted Advisory Council Meeting 3A0X1 Training Newcomers Orientation	Bldg 1043, Conf Rm Bldg 1043, Conf Rm Bldg 1043, Basement Classroom
1000 1015	Mobility Rep Meeting Escorts Pick up Newcomers	Bldg 1043, Conf Rm Bldg 1043, Basement Classroom
1030 1300-1400 1300-1400 1400-1500 1500-1600	First Sergeants Meeting IG Complaint Period w/Lt Col Shaw Immunizations Ancillary Training Meeting EST Manager Meeting Unit Career Advisor Meeting	Dining Hall, Sun Rm Bldg 1030, CC Office Bldg 1030, Break Rm Bldg 1043, Conf Rm Bldg 1043, Conf Rm Bldg 1043, Conf Rm
As designated by unit	Sign-Out	As designated by unit
<b>Sun, 18 Sep</b> As designated by unit 0830-0930 0900	Sign-in Enlisted Advisory Council Meeting Ancillary Training Phase I	As designated by unit Bldg 1043, Conf Rm Bldg 1043, Basement Classroom
0900 0900-1000 0930-1030 1300	Supervisor Safety Training 3S0X4 Training Unit Career Advisor Meeting Sexual Harassment Sensitivity Awareness Class	Bldg 1030, Comm Flt Trng Bldg 1043, Rm 204 Bldg 1043, Conf Rm
1300 1300 1400-1500 1500-1630	Ancillary Training Phase II CDC Course Exam testing 3A0X1 Training MPF Closed for In-House tng	Bldg 1043 Bldg 460, Rm 213 Bldg 1043, Conf Rm Bldg 1043, MPF
As designated by unit	Sign-out	As designated by unit

### CDC and PME Course Exam Testing

UTA Sunday, 1300, Bldg 460, Rm 213  
Wednesday, 1300, Bldg 1043, Rm 206  
Names of personnel with tests on file are published in the "CDC COURSE EXAM LISTING" distributed each month to all Unit Tng Managers prior to the UTA.  
Trainees enrolled in mandatory CDCs will have a Test No Later Than Date of two UTAs from receipt of exam. Voluntary exams must be taken within 90 days of receipt. Course exams not taken within the time allowed will be destroyed.

The exceptions to this rule are 6E, 8E, and Officer PME course exams. If you are unable to test within the allotted time frame, contact your Unit Training Manager immediately.

If extenuating circumstances prevented you from taking your exam on or before the Test No Later Than Date, notify your Unit Training Manager (UTM) as soon as possible. The UTM will contact MSMPT to prevent possible destruction of your exam. Contact MSMPT, 4-7075, to schedule testing on Wednesdays.

## Ancillary Training Information

### Disaster Preparedness Information

All personnel who normally wear contact lenses, attending Chemical Warfare training, will not wear them during training. Bring your New Mask, and spectacles if you have them. Personnel are to be on time for all classes, or be reported as "No Shows". **Ensure all personnel bring their Go-Bags with them to all classes.**

Supervisors may schedule Chemical Warfare training thru-out the year by calling the DW office at x45249, NLT 2 weeks prior to class requested. Units must report the names of personnel requiring training when scheduling training.

In order to utilize the go-to-war MCU-2A/P protective masks for training, TQT, ORE's and deployment; notify 507 LSS at extension 45335. Let them know **Two Weeks Prior** to your need for masks, the quantity of each size your organization requires. Specify when they will be returned to Base Supply. Personnel retrieving masks will sign an AF Form 1297 (Hand Receipt) for all of the masks you receive.

An MCU-2A/P guidebook will be provided to everyone signing for masks. The guidebook will cover the fitting, donning, cleaning, sanitizing, and inspection of the masks.

### UCMJ Briefing

All first and second term enlisted personnel are required to have the UCMJ briefing. Second term enlisted personnel are due the UCMJ briefing within two UTAs of reenlistment. UCMJ briefing time is 1400-1530, Bldg 201, Sunday of UTA.

## More What, When, Where

### MPF Customer Service

#### Hours of Operation

**Primary UTA Weekends**  
Saturday 0730-1630  
Sunday 0730-1500

Closed Sunday for In-House Training from 1500-1630

**Weekdays**  
Monday-Friday  
0730-1630

Closed Thursdays for In-House Training from 0730-1230

#### Phone Numbers

MSM/MSMA/MSME/MSMD/MSMP  
MPF Management, 47494  
MSMAC...Customer Service, 47492  
MSMPU...Personnel Employment, 47493  
MSMAU...Career Enhancement, 47494  
MSMPT...Training & Education, 47075  
MSMPR...Personnel Relocations, 47494

### TDY & Reassignment Out-Processing

Personnel Relocations (MSMPR) is standing by to help with relocation processing, but they need your help.

TDY to school or reassignment out-processing can only be initiated through MSMPR during the times listed below:

Monday thru Friday: 0730-1530  
UTA Saturday: 0800-1530

The schedule is for your convenience; times noted assure your access to agencies with processing responsibilities. Your cooperation in complying with this schedule is greatly appreciated. If you have any questions, please call MSMPR, x47494.

### Chapel Service Information

Devine service held Saturday at 1515, Hospital Pharmacy. Sunday service held at 0730, Disaster Preparedness, Bldg 1030, flightline side.  
Catholic Mass: Sat, 1700, Sun, 0940, 1220.

### Tips for Faster MPF Service

*ARTS, or Reservists on Mandays or annual tour* can conduct personnel business any week day and avoid contributing to UTA congestion.

*Avoid Saturday morning* unless you have an appointment. Due to In-Processing activities, the Customer Service section is short handed until about noon on Saturday. *Call ahead*, find out how long the wait may be. *Be sure* you bring any required documents with you and avoid the need for a second trip to finish your business.

### DD Form 93 Record of Emergency Data

This is the single most important source of information within your personnel record for dependent data and next of kin information.

If data is incomplete or incorrect, the Air Force cannot extend dependent benefits, nor can notification be made in the event you become injured, seriously ill or die while on duty.

You are the only one who can update this record. Remember there are no minor errors on a DD Form 93. Data accuracy is critical. You may be one of the lucky ones and escape injury or illness, but can you risk the alternative?

Check the form in your mobility folder, if it is wrong, come by MPF Customer Service and get it updated.

### Hours of Operation for...

#### Pass & ID

Located in Bldg 590, is open on UTA Saturday, 1200-1600, for ID cards, fingerprints, vehicle registration and base decal.

#### Individual Equipment Issue (IEU)

Located in Bldg 469, is open on UTA Saturday, 0800-1530. Enter door #36 on the south side of the building. Check with your Unit Orderly room before you attempt equipment issue or exchange.

### Medical Services Information

#### Immunization Monitors

All shot records that are mutilated and or have no space left need to be brought to the immunization clinic located in the Hospital between 1000-1200 on Sunday of the UTA for new records to be made up and issued. Point of contact is Capt Livengood, x42487.

#### Physical Examinations

The 507th Medical Squadron is presently trying to catch up on the backlog of physicals. Therefore, the physical schedule is extremely tight. If you will be unable to meet an appointment, you must call TSgt Latta, x43151 and reschedule in advance of the UTA.

#### Random Drug Testing

Drug Testing is conducted at 0900 on UTA Saturdays. The names of those randomly selected for testing are released by Social Actions to Unit Commanders immediately after sign-in on Saturday. If selected, you should consume as much liquid as possible prior to reporting to the lab. You cannot be released until the required sample amount has been obtained. If you have questions about the Random Drug testing program contact Social Actions, x45019.

### Military Pay: Ext 45016

File for pay Receive Direct Deposit on or before: by:

16August	26August
21Aug	31Aug
24 Aug	01 Sep
28 Aug	06 Sep
30 Aug	08 Sep
05 Sep	13 Sep
07 Sep	15 Sep
11 Sep	19 Sep
13 Sep	21 Sep
18 Sep	26 Sep

#### Dining Facility

Meal times are shorter, lines are longer. Plan ahead!

Breakfast	0600-0900
Lunch	1100-1300
Dinner	1530-1800



## AFRES NCO Leadership Development Program "Facilitator"

The AFRES NCO Leadership Development Program is one of the most innovative and successful programs in the Air Reserve. The "AFRES NCO LDP Facilitator" is one of the reasons for that success and for the continued growth and development of this program. Your demonstrated interest may be a result of your experience with the Facilitator when you were an LDP student.

To apply for this dynamic position, you will need to prepare the following package:

- A personal RESUME which includes any applicable civilian and military experience, training, and educational background, etc.
- A full length PHOTOGRAPH in service dress uniform without hat. An official photograph is not required.
- A personal RECOMMENDATION LETTER from your squadron commander and 1st Sergeant. This letter must state that you are in compliance with AFR 35-10 and AFR 35-11 standards. Your commander must be aware of your future TDY commitment and that unit funding is required to support, as an LDP Facilitator, your travel expenses, per diem, and other related expenditures.
- A personal NARRATIVE; "Why I would like to become an AFRES NCO LDP "Facilitator"!

Submit this package to your Base Training office. It will be forwarded to AFRES/QIP to continue the processing of your application. You will be scheduled for LDP Facilitator training. Following the selection process, you will receive additional training in LDP related topics, Facilitator skills, and LDP curriculum and delivery methods.

Upon selection and completion of training, all new LDP facilitators will be presented with AFRES Form 2:

"CERTIFICATE OF TRAINING FOR AFRES NCO LDP FACILITATORS"

## CLEP Sample Tests

CLEP Sample Tests provide test description information, sample test questions, and recommended study sources. The 507th Base Training and Education office now has CLEP Sample Tests for you. You may come by the Base Training and Education office located in Bldg 1043, Room 206 and pick up the one that's right for you. Listed below are the CLEP Sample Tests now available:

1. Information Systems & Computer Applications
2. College Composition
3. General Biology
4. Introductory Sociology
5. Introductory Microeconomics
6. Introductory Macroeconomics
7. Freshman English
8. Trigonometry
9. Introduction to Marketing
10. Introduction to Business Law
11. Introduction to Accounting
12. College Algebra
13. American Government
14. Introduction to Management
15. American Literature
16. Analysis & Interpretation of Literature
17. English Literature
18. General Chemistry
19. General Psychology
20. Human Growth & Development
21. French: Levels 1&2
22. German: Levels 1&2

23. Spanish: Levels 1&2
24. Calculus with Elementary Functions
25. American History to 1877
26. American History 1865 to Present
27. Western Civilization to 1648
28. Western Civilization 1648 to Present
29. Introduction to Educational Psychology
30. College Algebra-Trigonometry
31. English Composition
32. Social Sciences/History
33. Natural Sciences
34. Humanities
35. Mathematics

## NCO Academy Class Dates for FY 94

Listed below are the FY 94 NCO Academy class dates. SSgts with 8 years satisfactory service, and TSgts are eligible to attend. Each squadron may submit 1 and only 1 nomination to MSMPT. Nominations must be endorsed by Unit Commanders. We have two quotas allocated to the 507th for the August-September 94 class. The selection for this class will be made on Saturday, 16 July at the First Sergeants meeting.

	Class Dates NCOA	Nominations Due MSMPT
19 Sep 94-27 Oct 94		17 Jul 94

Contact MSMPT, x47075 if additional information is required.

# Off we go into the wild, blue yonder!

by TSgt. Stan Paregien

507th Public Affairs

When MSgt. Floyd Gordon, Jr. was a young boy living in Louisiana, he would often watch the airplanes coming in and taking off at the local airport. He had big dreams. He had dreams of flying a plane like those he saw circling the sky each day.

As he grew up, Gordon became interested in building model airplanes, model cars, and rocket kits. He spent hours putting together the store kits. "I like models. I even built a 'Big Bertha' rocket that took me one week of construction time. It was one of the biggest kits available. Rockets are a lot easier than airplanes," said Gordon. He joined the Air Force after high school and went to Griffis, AFB in New York.

"When I was stationed in New York, a Captain invited me to a flying club meeting and from there it just took off! It was really fascinating to watch the acrobatics and stunts. I became very interested in the hobby," said Gordon. Then in 1979, he joined the 507th and worked in the engine shop.

"When my TDY's started slowing down, I had a lot more time to get into the hobby. Out at a local hobby store, we started collecting money in a coffee can to start the Baxter Field Flying Club. The club was named after Mr. Baxter, who was a city employee and a driving force to establish an Oklahoma City club," said Gordon.

Gordon's first airplane kit was a Falcon-56 which took him four months to complete. The kit came with an instruction book and Gordon did the rest.

"I got frustrated a lot and my wife can vouch for that! Sometimes when you are building a model, you have to put it down for a while and come back to it later so you can think about the problem and solve it," he added.

The Falcon-56 was a basic trainer with a single stick and a three channel radio control. The transmitter controlled the rudder, elevator, and throttle.

That was over 20 years ago. With advancing technology, even radio controlled airplanes have on-board computer sophistication.

"Now, there are 12 channel controllers with a computerized console. They give you more precise control and are very nice. I'd say learning on a four channel plane is best. A beginner could get a good plane like an Aerostar-40, radio, license and club membership for around \$400," Gordon explained.

But just as in real life, model radio pilots experience crashes from time to time.

"At a show one time we had about 27 planes in the air at the same time. One of my friends had his plane coming at me in a head-on collision direction. It ended up taking one of my wings off. I received an award that year for 'Best mid-air collision' and my friend said he couldn't do that again for a million dollars," Gordon said smiling.

The tiny planes use small 10 ounce fuel tanks to give them about 10 minutes of flying time. Gordon has a 31 ounce plane he calls "The Wonder" that can fly for 15 minutes at a time.

Gordon has an all-weather patch to prove he has flown in rain, snow, thunder and lightning (which he doesn't recommend because of the radio's antenna). His goal is to learn how to do more complex pattern flying, but he knows that will take a lot of time.

His Tiger 2 plane took one month to complete working about three hours a day. The F-15 took one and a half months while the Cessna Ag-Wagon Cropduster took three months.

"Sometimes I would get up at 4 a.m. to start working in my 10 by 16 foot workshop in the backyard. Then I would work on it when I got home too. We have an intercom to the house so my wife can call me," he laughed.



MSgt. Floyd Gordon, 507th engine technician, displays a prize in his "fleet", a model F-15 Eagle. (Photo by TSgt. Stan Paregien)

Helicopter kits and experiments take much more time. Maintenance must be done constantly, whereas on planes like Gordon's Tiger 2, he may not have to work on it for 3 years or more.

"I change out the spark plugs and check the fuel and watch out for the blades. The blades on the propeller are sharp. They can take off a finger! I always use leather gloves when I start the engine," he cautioned.

What happens when his planes are way up in the "wild blue yonder" and run out of gas? Just as in WWII, they come gliding in "on a wing and a prayer."

"If I run out of gas, that's no problem. The controls in the plane work off a battery so I can glide the plane back to the field.

"But one guy let a plane go too far out of radio range and it kept going and got lost. We searched the woods for hours and got ticks all over us. I don't want to do that anymore," he shivered.





All smiles are Capt. Danny Shepard (left), Maj. Laura Talbot and Capt. Larry Curtis. The three nurses with the 507th Medical Squadron, were recently named to the 1994 Great 100 Nurses of the Texas Nurses Association District 3 and 4, and Dallas/Forth Worth Hospital Council.

## Three 507th nurses named to 'Texas Great 100'

Three 507th nurses were recently selected for the 1994 "Texas Great 100 Nurses," of the Texas Nurses Association District 3 and 4, and Dallas/Fort Worth Hospital Council.

Selected out of 300 nominations were Maj. Laura Talbot, and Captains Danny Shepard and Larry Curtis.

The annual award recognized the nurses for their work both with the 507th Medical Squadron and their civilian activities. Participants in the program are nominated by their peers. "I'm thrilled about winning this award," said Talbot, who in civilian life teaches at the Texas Christian University's nursing program. Talbot said she was surprised to learn she and the other 507th members had been selected as this year's winners. "Someone at the unit thought enough about our work to enter us in the program. That's a great feeling!"

In her nomination letter, Talbot, Senior Nurse Executive for the unit, was described as "the backbone of our organization. She organized and taught five continuing education classes in the past two years as well as joint training ventures with other hospitals to promote good will."

She is currently pursuing a second doctorate, the primary author of a highly utilized critical care book in its second edition and which has been translated into Spanish, as well as nearing completion on her second book on nursing research.

At home in Ft. Worth, she is presently on the committee promoting a community project focused on mass training of CPR for Tarrant County and is a highly regarded chairperson for recruiting volunteers in that event.

Talbot was highly cited in her nomination for her ideas and work in "Management by Metrics" to empower subordinates to

create a vision for the unit and working with them to achieve their goals.

Captain Shepard, the Assistant Senior Nurse Executive with the squadron, works in civilian life with the Veterans Administration hospital in Dallas. His nomination noted his single handed creation of a Quality Assurance Risk Management program within the unit with built-in follow up procedures to correct problems. Also cited for his volunteer community involvement, Shepard is a regular at the Presbyterian Night Shelter, preparing food and serving meals for the homeless. As a CPR instructor, he teaches multiple courses to support the American Heart Association.

His nomination also praised his skill as a nurse, outlining his efforts to stay abreast of the newest and state of the art practices in this technical field as well as his role within the squadron as a model leader.

Captain Curtis works in the squadron as the Nursing Education Staff Development Officer and was cited for his innovation in orchestrating realistic quarterly emergency drills. He facilitated a joint venture with the Veterans Administration Medical Center and the reserve squadron, promoting community involvement and educational enhancement. His nomination noted Curtis as instrumental to the unit for his efforts during the squadron's restructuring following Desert Storm and adept management abilities.

Heavily involved in community service, Curtis assists in providing Thanksgiving baskets for the needy, worked a summer project to help restore an elderly person's home and raised funds for high school youth scholarships. In his civilian job, Curtis works as an occupational health nurse at the U.S. Treasury Mint in Ft. Worth.

## Stress: The Challenge, Part II

by Lt. Col. Alberto Angles

In our previous article, "Stress: The Hidden Danger," we defined stress as an unsatisfactorily resolved situation, condition or incident, multiplied by a personal amplification factor of fear, anger or anxiety. As such, stress is part and parcel of our daily lives. Once you acknowledge this fact, you may be able to successfully address and develop a personal plan in how to deal with stress.

- Look introspectively and identify how you feel when under stress, i.e., snappy, tense, quick tongued, etc.
- Listen to your body for signs such as headaches, upset stomach, tense muscles, clenched jaw, cold, clammy hands, etc.
- Check your body frequently throughout the day for signs of stress: fatigue, exhaustion, difficulty making decisions, etc.
- Use a relaxation exercise or coping skill.
- Plan and do leisure activities alone, with family or friends.
- Change your environment to decrease stress (if possible), i.e., leave your usual place of work and do it elsewhere.

- Obtain a good night's sleep.
- Develop, change or modify your exercise routine and become involved in your dietary components.
- Develop a sense of humor.
- Develop a support system: personal and professional. Some examples of relaxation exercises follow:
  - Stretching--As you know, one of your automatic physical responses to stress is muscle tension. A simple way to loosen up tight muscles and combat stress is to do stretching exercises. They take only a few minutes and can be done at home or at work during coffee or lunch breaks.
  - Autogenics--If you are familiar with the expression "Mind over matter," you have a basic idea of what autogenic exercise is all about. You give yourself mental cues, telling your body how to feel and produce the relaxation response whenever you feel tense or under stress.

Until next time.

## Advanced education important to officer promotions

RANDOLPH AFB, Texas (AFMPC) -- As the Air Force draws down and gets smaller, the quality of the officer force increases and promotions become even more competitive, especially in light of decreased promotion opportunities, personnel officials at the Air Force Military Personnel Center here say.

According to personnel officials, officers need to be aware that promotions aren't just a reward for past performance. Instead, promotions are a recognition of an officer's potential to serve at a higher grade with more responsibility.

When considering officers for promotion, selection is made using the "whole person concept," which considers many factors.

"When you look at officers for promotion, the number one factor the promotion board considers is duty performance," said Maj. Gen. Burt Davitte, AFMPC Commander. "Because the boards use the whole-person concept to select officers for promotion, they consider career development, advanced

academic education, PME (professional military education), an officer's photo, and awards and decorations.

"But we need to keep in mind if an officer doesn't perform on the job, all those other factors don't matter," added Davitte.

Personnel officials are often asked, especially in today's competitive environment, about the need for an advanced degree and PME and their importance in getting promoted. Each central selection board is briefed on the importance of these factors in addition to duty performance.

The charge to each board is, "assess academic and professional military education accomplishments in terms of how they enhance performance and potential. Do not give disproportionate weight to the mere fact that an officer has completed advanced education. Do not consider completion of PME as a pass-fail requirement. The overriding factor must be job performance."

Career development is another area that promotion boards look at in assessing if an officer is ready for advancement.

"What types of jobs an officer has held is important to that officer's professional development," said Davitte.

When competing for promotion to major, an officer needs to ensure he or she is getting depth of experience in whatever career field they're in. When competing for higher ranks, officers also need to expand their breadth of experience.

"This breath of experience can include working a staff job or working out of the career field such as OTS (Officer Training Squadron) instructors, faculty duty at the Air Force Academy or PME cadre duty," added Davitte. "Professional development also encompasses PME. By completing Squadron Officer School, Intermediate Service School or Senior Service School, you learn more about the Air Force, your fellow officers and how we fit into the overall national security picture. And this is all good for an officer's professional development." (Air Force News Release)



# Reserve News

## 507th Family Day volunteers needed

A meeting of all first sergeants, volunteers and those who would like to volunteer in putting together the 507th Air Refueling Group Family Day, are to meet in the T-Net Classroom, Building 1043, on Saturday, Aug. 20, at 9:30 a.m.

## Congressman Istook to address local ROA

Congressman Ernest Istook Jr., will address members of the Oklahoma Chapter of the Reserve Officers Association on Saturday, Aug. 20, at 4:00 p.m. at the Tinker AFB Officer's Club.

## Wear of new uniform for photo not required

An official photograph in the new uniform is not a requirement for promotion, said officials at the Air Force Military Personnel Center. Recently, there have been rumors that officers have to, or should have, their photograph taken in the new uniform to be competitive for promotion.

Setting the record straight, officials say mandatory wear of the new uniform is not until Oct. 1, 1999, and officers are not required to wear the new uniform until then.

## Air show to honor 507th Fighter Group

Festivities at the Aviation Heritage Air Show, set for Sept. 4-5, at Clark County Airport, Indiana, will include ceremonies to honor the accomplishments of the 1944 507th Fighter Group. The 507th Fighter Group Associates, made up of members of the 507th from World War II, will be present. The group will be holding their 50th Anniversary reunion in Louisville, Kentucky, in conjunction with the air show.

## CE deploys to Tyndall

By SSgt. Shawn Sones  
507th CES PA R.

The 507th CES deployed 41 people to Tyndall AFB, Florida, from May 9th to

May 14th, for Silver flag Alpha training and certification.

The deployment, which marked a drastic departure from previous contingency training scenarios, also marked a first for the Group: It was the first passenger manifest mission for the 507th tankers.

Arrival at Tyndall AFB was ahead of schedule, and, following a short bus ride to the Silver Flag training site, beddown operations began. The 507th were the first to arrive, as they trained and certified on taskings with other Reserve CE personnel from Andrews AFB, Maryland, and Charleston AFB, South Carolina.

## Tankers to refuel Deny Flight fighters

ROBINS AFB, Ga. (AFNS) -- Air Force Reserve air refueling units are teaming up this summer to help active-duty units by supporting NATO's Operation Deny Flight.

The units will perform the entire U.S. portion of Deny Flight refueling missions from July through September to permit more than half of Air Mobility Command's tanker units to transition to different stateside locations.

The tankers will refuel Air Force, Navy, Marine and NATO fighter aircraft which are enforcing a no-fly zone over Bosnia in accordance with a United Nations Security Council resolution. KC-135E tankers will fly out of Pisa, Italy, and KC-135R tankers, with greater fuel capacity, will operate from Istres, France. About 130 guardsmen and reservists -- including aircrews, aircraft maintainers and support

people -- will stage refueling operations from each location. (Courtesy AFRES News Service)

## Many activities available at Skills Development Center

The Skills Development Center, located in Building 6002, has many activities and shops available for your hobbies, etc. They include:

- Frame Shop -- Make your own frames, assistance is available; more than 200 molding selections are available.
- Engraving Shop -- Located inside the Frame Shop. Engraving is available for awards, farewells, etc.
- Auto Shop -- The Auto Shop contains everything needed to repair your car. Lifts are available for oil changes or servicing needs. Mechanics are on duty to assist you. State vehicle inspections are performed on a first-come basis.
- Wood Shop -- Patterns and wood are available at the Wood Shop. Staff members provide assistance and classes are provided on safety procedures required to use the equipment.

The Skills Development Center will sponsor a Base Level Photography Contest in September. Contest categories are military life, people, nature/scenic and creative effects. Entries in all categories will be accepted as color prints, monochrome prints or color transparencies. Entry deadline is Sept. 30. For more information or to register for classes available, call 734-5615.

## Refer a friend!

There are still dozens of positions available within the 507th. Help out unit recruiters by providing them a name.

Drop this from off at 507th Recruiting in Bldg 1043 or mail to: 507ARG/RS, 7450 Reserve Rd., Tinker AFB, OK 73145-8726 (405) 734-5331.

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex: M F

Address \_\_\_\_\_

Work Phone( ) \_\_\_\_\_ Best time to call \_\_\_\_\_

Home Phone \_\_\_\_\_ Best time to call \_\_\_\_\_

Prior service: Yes / No What Branch(es) \_\_\_\_\_

Date of Birth: \_\_\_\_\_ AFSC/MOS \_\_\_\_\_ Rank \_\_\_\_\_

Referred by: \_\_\_\_\_ Phone#( ) \_\_\_\_\_